

NATURE'S

Product catalog



“NATURAL ALPINE MEDICINE” ORIGINATED IN THE ALPINE MOUNTAINS, SAVED FROM OBLIVION

Medicinal herbs have been important and significant in the treatment of diseases since ancient times, but knowledge about the types, uses and healing properties of herbs has gradually been lost with the passage of time and the development of modern medicine. However, in many countries, traditional recipes and knowledge about the healing power of medicinal herbs are still faithfully preserved. We found such traditional recipes in the Alpine region, the most famous mountainous area in Europe.

The known fact is that the Alpine mountains are remote from city communities and often inaccessible due to the snow cover. Until the 20th century, people who lived far away in the alpine mountainous areas were left to themselves, without roads, doctors, and hospitals, so they had to manage to heal themselves. Thus, in the mountainous areas, they found medicinal plants and made recipes for herbal preparations, which are still preserved and used in the treatment of various diseases. **The recipes have been passed down and jealously guarded for generations, and that includes the knowledge of mixing, application, and method of action of alpine medicinal herbs.**

With the development of modern medicine, traditional knowledge has been lost in some areas. Many recipes have never been recorded, so they have completely disappeared over time, but what is known as “Alpine medicine” is jealously guarded by several families of traditional herbalists and healers, and now we want to present it to the whole world. You can find some of the most healing plants from the Alpine mountains in our traditional NATURE’S ALPINE HERBS BALM preparations. Global Natures Pharma GmbH is a company that uses medicinal alpine herbs according to traditional recipes, using modern technological processes during production.



NATURE'S

GERMAN HERBS. GERMAN MADE. GERMAN QUALITY.



OUR PHILOSOPHY - LOVE FOR PEOPLE AND NATURE

Our main goal is to give people the maximum benefits by using alpine herbs and at the same time preserve the natural environment of the alpine mountains, where medicinal herbs grow. We strive to make our products as efficient as possible while remaining natural and safe to use.

The healing effect of herbs depends on the content of essential oils, highly aromatic substances, and other organic compounds. Medicinal power is originally determined by the concentration of these compounds in herbs. The quality of plants largely depends on the soil, location, cultivation methods, and cultivation technology. Mountain plants grow more slowly than valley plants. This contributes to a greater accumulation of essential oils and other useful substances. All these factors enable the cultivation of the highest quality herbs. The color, taste, and aroma of these herbs reflect the unique environment of the wonderful mountain world.

THE POWER OF NATURE AND SCIENCE RESEARCH

We are focused on developing effective combinations of traditional formulae and the latest pharmaceutical advances. Our main idea is to use the best alpine herbs together with a modern production process. In this way, we develop natural products that will be highly efficient.

GERMAN QUALITY

NATURE'S ALPINE HERBAL BALMS are produced exclusively in Germany. The production plant is located in one of the most eco-friendly regions of Germany, which guarantees the highest standard of product quality and purity. We successfully combine traditional ingredients and the latest scientific research to obtain efficient and quality products.

The certificates obtained for NATURE'S ALPINE HERBAL BALMS prove their quality, efficiency, and safety. GMP (Good Manufacturing Practice) and ISO 9001:2015 certificates guarantee that our production meets all necessary international standards.

NATURE'S ALPINE HERBAL BALMS are specially designed products developed by **GLOBAL NATURES PHARMA GmbH**, Germany, using traditional recipes, taking into account the advice and recommendations of leading health professionals and experts in traditional medicine.

HIGH-QUALITY PRODUCTS

NATURE'S ALPINE HERBAL BALMS are based on traditional recipes and scientific research of plant ingredients and essential oils to obtain products that meet high-quality requirements.

GOOD MANUFACTURING PRACTICE

The production process takes place in a GMP (Good Manufacturing Practice) and ISO 9001:2015 production plant that meets our high requirements. We perform detailed controls throughout production to ensure it meets all required international standards.

TRADITION AND SCIENTIFIC RESEARCH

We focus on the development and improvement of traditional herbal products that contain only scientifically proven effective and safe ingredients.

FAST EFFECTS AND HIGH EFFICIENCY

We have determined that alpine herbs and essential oils contained in our products are best absorbed into the body through balms, with the aim of faster effect and high efficiency.





NATURE'S

Alpine Balm

Alpine Balm | Alpine Herbs Balm

Alpine balm for pain - Balm with Alpine herbs, German-made

Alpine Balm is a German product made according to a traditional recipe from carefully selected medicinal herbs from the Alpine region, and the most important are: mint, rosemary, fir oil, menthol, eucalyptus, and others. It is widely used in solving problems such as rheumatic diseases, poor circulation, stiffness, and pain reduction in various parts of the body, especially in the back, hips, shoulders, neck, and legs.

Basic characteristics

Alpine Balm is of natural origin composed of herbs from the alpine regions. It is characterized by its pleasant fresh scent and blue-green color. This balm contains ingredients of alpine medicinal herbs and essential oils in one, skin-friendly, basic substance. With the use of Alpine Balm, the skin does not remain oily, and the ingredients of the balm are immediately absorbed into the skin and subcutaneous tissue so that its effect is almost instant because at the beginning of the application it cools and later heats up.



HELPS WITH THE FOLLOWING:

- ✓ Back pain and stiffness
- ✓ Pain and stiffness of the neck, shoulders, knees and hips
- ✓ Pain and stiffness in the legs and feet
- ✓ Muscle and joint pain
- ✓ Rheumatic diseases, arthritis, sciatica
- ✓ Headache and poor circulation
- ✓ Recovery after fractures, sprains and strains
- ✓ For massage before, during and after training

Properties and effects

Alpine Balm is a traditional product that is extremely helpful for poor circulation, muscle inflammation, stretched tendons, stiffness, and pain in the neck, shoulders, back, hips and legs, and is also effective for headaches. It is effective in rheumatic diseases, arthritis, and sciatica. It helps a lot before and after training, and it is also used for sports injuries. Alpine Balm does not stay on the skin but is immediately absorbed, cools, and penetrates deeper into the tissue and muscles.

If there is a problem with poor circulation, pain in the joints, spine, neck, legs, or headache, just rub Alpine Balm on the sore spot and after a few minutes, you will notice a change and effects. **The pain will disappear or be significantly reduced.** This product can also be used to relieve swelling, inflammation, allergies, and even insect bites. Alpine Balm will relieve itching and redness of the skin.





Use

Alpine Balm is exclusively for external use and is used by rubbing into the skin. The best results are achieved if it is applied to the skin during the massage. It is best applied to damp skin, e.g. after showering or a few drops of water can be used to moisturize the part of the body being massaged. **Massage with this balm will improve circulation and enable relaxation of the whole organism.** For better results, Alpine Balm can be applied several times during the day and combined with physical therapy for faster and more effective pain reduction.

Warnings

Alpine Balm is intended for external use only. Avoid contact with eyes and mucous membranes. Do not apply to damaged skin, open or infected wounds. If skin irritation occurs, stop using it. Wash your hands after use. If you are pregnant, consult a doctor before use.

Storage and duration

Keep in a dark and cool place, out of reach of children.

Duration: 3 years.

Additional product information

Product: Alpine Balm, balm of alpine herbs and essential oils

Manufacturer: Global Natures Pharma GmbH, Nymphenburger Strasse 1, DE-80335 München, Germany

Basic packaging: aluminum tube

Volume: 200 ml / 6.76 OZ.

Ingredients: Mentha Arvensis Herb Oil, Eucalyptus Globulus Leaf Oil, Menthol, Menthyl Lactate, Abies Sibirica Needle Oil, Arnica Montana Flower Extract, Rosmarinus Officinalis Leaf Oil, Gentiana Lutea Root Extract, Juniperus Communis Branch/Fruit/Leaf Extract, Lavandula Angustifolia (Lavender) Flower Extract, Camphor.

NATURE'S





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VenoBalm

Veno Balm | Alpine Herbs Balm

Alpine balm for varicose veins, poor circulation, heavy and swollen legs - Balm with alpine herbs, wild chestnut, and grape leaves, German-made

Veno Balm is a natural balm made in Germany for use in sore, swollen and heavy legs, varicose veins, and broken capillaries. It improves venous circulation and relieves pain in the legs and feet. It is made according to a traditional recipe, composed of numerous medicinal herbs such as mint, Siberian fir oil, wild chestnut extract, menthol, grape leaf extract, allantoin, etc. The unique composition made of alpine herbs and essential oils acts quickly and efficiently.



HELPS WITH THE FOLLOWING:

- ✓ Sore, swollen and heavy legs
- ✓ Varicose veins
- ✓ Inflammation of surface veins
- ✓ Cramps in the legs
- ✓ Broken capillaries and bruises
- ✓ Weakened venous circulation
- ✓ Tension and weight in the legs

Basic characteristics

The herbal ingredients of the Veno Balm preparation help relieve pain, swelling, cramps, and fatigue of the legs, muscle tension caused by prolonged sitting, standing, or poor circulation. It has an anti-inflammatory effect, strengthens the walls of venous blood vessels, reduces the sensitivity and permeability of capillaries, prevents swelling, neutralizes cramps, speeds up venous circulation, increases blood circulation, and reduces redness in inflamed veins.

Properties and effects

Active herbal substances strengthen the microcirculation, the tone of the vein walls, reduce the permeability of capillaries, the feeling of pain, swelling, temperature, and redness in inflammation of the surface veins. It contains ingredients that have been proven to have a positive effect on tired and swollen legs. It has a beneficial effect on stabilizing the walls of venous blood vessels and thus reduces swelling and pain.

It reduces inflammatory processes, strengthens the resistance of venous capillaries and reduces their permeability, and relieves feelings of heaviness, cramps, and pain in the legs. Due to the efficient action, a significant change is soon noticed. Thanks to the presence of menthol and the cooling effect, Veno Balm provides instant relief and a feeling of lightness.





Use

When using Veno Balm preparations, the skin does not remain oily, and natural herbal ingredients are immediately absorbed into the skin, subcutaneous tissue, veins, and capillaries, so the effect is almost instant. **The daily application solves the problems of venous circulation, varicose veins, cracked capillaries, and bruises.** For better results, it is recommended to use several times during the day.

Warnings

Veno Balm is intended for external use only. Avoid contact with eyes and mucous membranes. Do not apply to damaged skin, open or infected wounds. If skin irritation occurs, stop using it. Wash your hands after use. If you are pregnant, consult a doctor before use.

Storage and duration

Keep in a dark and cool place, out of reach of children.

Duration: 3 years.

Additional product information

Product: Veno Balm, balm of alpine herbs and essential oils

Manufacturer: Global Natures Pharma GmbH, Nymphenburger Strasse 1, DE-80335 München, Germany

Basic packaging: aluminum tube

Volume: 200 ml / 6.76 OZ.

Ingredients: Menthol, Menthyl Lactate, Vitis Vinifera (Grape) Leaf Extract, Mentha Arvensis Herb Oil, Abies Sibirica Needle Oil, Arnica Montana Flower Extract, Gentiana Lutea Root Extract, Juniperus Communis Branch/Fruit/Leaf Extract, Lavandula Angustifolia (Lavender) Flower Extract, Allantoin, Aesculus Hippocastanum (Horse Chestnut) Seed Extract.

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YOU CAN FIND SOME OF THE MOST HEALING HERBS FROM THE ALPINE REGION IN OUR PRODUCTS

Mentha Arvensis Herb Oil

Known as wild mint, it is widespread in Europe, Asia, but also in the Siberian regions. Wild mint has a very traditional and wide application in medicine, where it is used to treat various diseases. It is used in dentistry, cosmetics, and even nutrition. The oil obtained from this plant is most often used to reduce pain and improve circulation by rubbing on the skin.



Eucalyptus Globulus Oil

Eucalyptus is a famous plant with very powerful medicinal properties. Eucalyptus essential oil has a wide application in cleansing toxins and microorganisms, suppressing colds, eliminating and soothing itchy skin, and it also has a calming effect on allergic skin reactions. Eucalyptus essential oil is traditionally used to ease respiratory discomfort such as coughs and colds. Eucalyptus is also effective in treating wounds, burns, cuts, scars, insect bites, and stings, it stimulates immunity and provides antioxidant protection.



Abies Sibirica Needle Oil

Siberian fir grows in high mountainous areas, and is very resistant to frost and cold, even down to -50 degrees. Siberian fir essential oils are most commonly used in aromatherapy and the production of traditional preparations. It has a wide application in medicine, where it is most often used for inhalations and treatment of the respiratory tract, it helps with flu and colds. It is very effective and helps with pain and muscle inflammation.





Rosmarinus Officinalis Oil

Rosemary is a plant that has long been used in traditional medicine. Rosemary essential oil is used in the treatment of spasms of the gastrointestinal tract, and for external use, it is used in the treatment of pain in joints and muscles and disorders of peripheral circulation. It refreshes and reduces tension, helps with colds, and speeds up expectoration. It is used in dermatology because it is effective on skin diseases, eczema, and acne.

Menthol

Menthol is an organic compound obtained from peppermint or mint oil. It has a wide application in medicine and is best known for its strong antibacterial effect. It is used in dentistry, for inflammation of the mouth and throat, helps with breathing and colds. It reduces itching, relieves pain and muscle cramps, and headaches. It provides a feeling of cooling, so it is also used against burns. It can be in the form of oil, cream, or gel.

Aesculus Hippocastanum (Horse Chestnut) Seed Extract

Horse chestnut, also known as wild chestnut is a widespread species and we can see it in mixed forests and parks throughout Europe and America. It is most often used in pharmacy as raw material, but it is also widely used in vascular medicine. Wild chestnut seed extract can be an effective therapy against venous inflammation, weak capillaries and poor circulation. It also reduces the appearance and expression of veins on the skin. The fruit, leaf, bark, and flower of the wild chestnut are considered toxic and unsafe due to the presence of esculin, so they are not recommended for use in the diet and are used exclusively for medical purposes.



Vitis Vinifera (Grape) Leaf Extract

Vitis Vinifera is a special grape variety from whose leaves an extract is obtained that is often present in the pharmaceutical and cosmetic industry. It helps ease symptoms such as tired and heavy legs, tingling, and pain in the legs, and it is valued for supporting healthy circulation and the tone of the blood vessels. Due to its antioxidant effect, it is used in cosmetics because it gives the skin moisture and restores elasticity. The grape leaf extract is useful for reducing skin inflammation, redness, itching, and swelling.

Allantoin (Symphytum officinale Extract)

This plant, also known in European nations as Comfrey, grows in meadows and is widespread in Europe and Asia. Comfrey, due to its great healing properties, has long been used in traditional medicine. It is valued for supporting the faster healing of wounds and burns. It has a beneficial effect on the skin, reduces pain in rheumatic diseases, osteoporosis, and improves circulation. It is useful and effective against venous inflammation. Comfrey extract is also recommended as a cosmetic ingredient for skin regeneration.

Gentiana Lutea Root Extract

Gentiana Lutea, known as large or yellow Gentian, is a perennial plant that grows in the mountainous regions of Europe. It is characterized by its deep roots and large, yellow flowers. Gentiana Lutea Root Extract is a concentrated extract obtained from the roots of this plant. Throughout history, the root of this plant has been used in traditional medicine for its therapeutic properties. It is used in skincare products for its antioxidant and anti-inflammatory properties. Gentian root extract may have antimicrobial effects, making it useful for treating infections.





Arnica Montana Flower Extract

Arnica Montana, often called just arnica, is a plant that grows in Europe and North America. It is recognizable by its light-yellow flowers and has been used in traditional medicine for centuries. Arnica Montana Flower Extract is a concentrated extract obtained from the flowers of this plant. This extract has become a popular ingredient in many cosmetic and medicinal products due to its many beneficial properties. One of the most famous uses of arnica extract is in the treatment of bruises, swelling, and pain. Gels and creams containing arnica extract are often used to relieve muscle tension and joint pain.

Juniperus Communis Extract

Juniperus Communis, also known as common juniper, is an evergreen conifer that grows in mountainous regions of Europe, Asia and North America. The leaves and fruits of this plant have therapeutic properties and have been used in traditional medicine for centuries. Juniperus Communis Extract is a concentrated extract obtained from different parts of the juniper plant. It is rich in essential oils, tannins, and flavonoids, which makes it valued in many cosmetic and therapeutic products. Due to its natural anti-inflammatory properties, juniper extract can be useful in the treatment of various skin diseases.

Lavandula Angustifolia (Lavender) Flower Extract

Lavandula Angustifolia, known as true lavender or narrow-leaved lavender, is a species of lavender widely cultivated for its essential oils. Its flowers, characterized by their beautiful blue/purple color, are used all over the world not only for their pleasant smell but also for their numerous useful properties. Angustifolia (Lavender) Flower Extract is a concentrated extract obtained from the flowers of true lavender. This extract is a popular ingredient in many cosmetic and aromatherapy products. It offers a wide range of benefits, from relaxation and stress reduction, antiseptic, and anti-inflammatory properties to skincare, and is a common addition in many therapeutic products due to its versatility and proven effectiveness.



Camphor

Camphor is a natural aromatic compound obtained from the wood of the camphor laurel, an evergreen tree native to Asia and long valued in traditional medicine. For centuries it has been a classic ingredient in balms and ointments, prized for its penetrating scent and its warming yet cooling action on the skin. Camphor gently stimulates local circulation and works as a counterirritant, distracting overloaded nerve endings so that discomfort fades. It helps relieve muscle and joint pain, eases stiffness, and soothes itching and minor skin irritation. Thanks to its mild antiseptic properties, it is also used in preparations that support healthy, comfortable skin.



Menthyl Lactate

Menthyl Lactate is a gentle cooling agent derived from menthol and lactic acid. It delivers the same refreshing, cooling sensation as menthol, but in a softer form that lasts much longer and is especially kind to the skin. Almost odourless, it brings comfort without a strong aroma, which makes it a popular ingredient in modern balms and cosmetics. Worked into a soothing base, Menthyl Lactate calms the feeling of heat, tension, and fatigue, and its cool freshness lingers long after application. It is especially valued in preparations for tired, heavy and overworked legs, where it deepens the cooling relief.



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The word 'NATURE'S' is written in white, bold, sans-serif capital letters. It is enclosed within a red, horizontally-oriented shape with a slightly irregular, hand-drawn border.

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